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Snohomish County Fire District #4

FALL 2021

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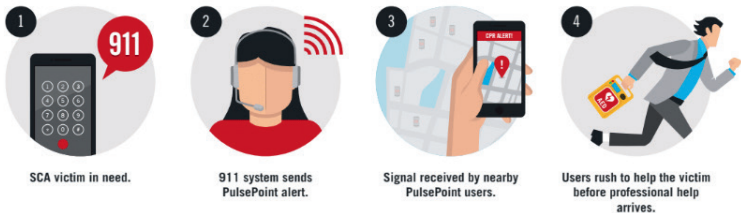
PULSE POINT was launched in Snohomish County on September 14th of this year. Find out more about this life-saving program below:

PulsePoint RESPOND

GET THE APP.
SAVE A LIFE.

Sudden Cardiac Arrest (SCA) is one of the leading causes of preventable deaths. The PulsePoint app alerts bystanders—like you—who can help victims before professional help can arrive.

PulsePoint alerts you to nearby people in need. For every minute that passes before help arrives, **SCA survival decreases by 7%-10%**. It's like an amber alert for SCA victims.



DOWNLOAD THE APP:
Search: "PulsePoint"
Available on the App Store
GET IT ON Google play

Scan here to visit the Pulse Point Home Page.

SCA KILLS ALMOST **1,000 #/DAY** IN THE U.S.

NEARLY **60%** OF SCA VICTIMS **DON'T GET CPR** UNTIL PROFESSIONAL HELP ARRIVES.

13M AMERICANS ARE CPR TRAINED AND CERTIFIED ANNUALLY.

THE U.S. SURVIVAL RATE FOR SCA IS **11%** WE CAN DO BETTER

CALL 911
PUSH HARD AND FAST IN THE CENTER OF THE CHEST TO THE BEAT OF "STAYIN' ALIVE" (100X/MINUTE).

Early CPR and rapid defibrillation before an emergency team arrives can boost survival by 50%.

- 1. DOWNLOAD** the app.
- 2. FOLLOW** our Agency: **Snohomish County Fire District #4**
- 3. CHOOSE** the notifications to receive. CPR alerts are available for persons trained in CPR. The app will alert you if you are near someone that needs CPR.



Q: My building allows delivery trucks to park in the fire lane. Is that legal?
A: Washington Law (RCW 46.61.570) prohibits parking in a fire lane "except temporarily for the purpose of and while actually engaged in loading or unloading property or passengers." At all other times the lane should remain clear for emergency vehicle access.

Questions for the Chief...

When I became Chief, one of my main goals was to create a Data-Driven culture in SCFD4 (I like to use D4). This will be in all aspects of our delivery, decisions, and training. One major piece of this was an extensive and exhaustive self-evaluation. We hired a large consulting firm to create a Standard of Cover (SOC) and Community Risk Assessment (CRA) and use those to develop a strategic plan. The studies used internal and external surveys, stakeholder and community leader engagement, data analysis, GIS mapping, national standards, and much more to create a detailed report of the department's strengths, weaknesses, areas to capitalize on, and areas to improve to meet the needs of our community. The Commissioners have reviewed, adopted, and acted on these documents for the last couple of months. We have retained a data analysis company, so we can keep a continuous eye on our goals and improve on the fly when needed.

One of our improvement goals is our benchmark for response times. We also want to continually look to improve staffing levels and replace most of our capital facilities. Those words often make people think of increased taxes. The District has been fiducially responsible, and will be able to fulfill our capital facilities, capital equipment, and operational needs for the foreseeable future if we continue to renew the levy every six years that was initiated in 2011, renewed in 2017, and will come up for renewal in 2023. There currently is no plan for additional taxes beyond the renewals.

I hope this data-driven approach upholds the FD4 history of transparent engagement with the community, and I encourage anyone with questions to engage us through any means you are comfortable with. Beginning January of 2022 I will be hosting a "Coffee with the Fire Chief" hour at local businesses, and I look forward to meeting with you and discussing in person our goals for the community. Look for the schedule of these visits in our December electronic newsletter.

A MESSAGE FROM THE CHIEF

"The action you take today will secure your tomorrow."



Hello, I hope you are finding our newsletter helpful! Our intent is to publish at least 3 a year, so we can stay connected with you. We will continue to expand programs to remain closely connected with our citizens, so watch for various opportunities in the future.

Paramedic Tanner Abersold comes to us from Texas. He has two dogs and enjoys hiking and climbing. He has traveled the South China Seas and wants to become a helicopter pilot. He is fond of craft beers and the KC Chiefs.

PT (Part Time) Firefighter Obed Cushing is a recent Sultan High School graduate. He enjoys spending time with his family on Whidbey Island and is fan of the Portland Blazers.

Firefighter Jake Dehaan became a Part Time member of SCFD4 in June of 2019, joining our Full Time ranks in August of 2021. Jake has two dogs and enjoys hiking. He hopes to hike across Thailand one day.

Firefighter Jose Islas has been married for 10 years and has two small children. He joined the department part time in September of 2018. Full time status leaves less time for his hobbies of skateboarding and wood working, but he tries!

Firefighter Nate McCaughan is married with one canine fur baby. He joined the department part time in June of 2019, and advanced to full time this August. Nate enjoys wood-working and longs to see the Northern Lights.

PT Firefighter Steven Osborne is a recent Snohomish High School graduate, and a second generation SCFD4 employee. Steven loves fishing and hunting and is an amazing frog slayer.

PT Firefighter Trevor Ren is also a Snohomish graduate with strong ties to the community. Trevor loves dirt biking, hiking, snowboarding and country music.

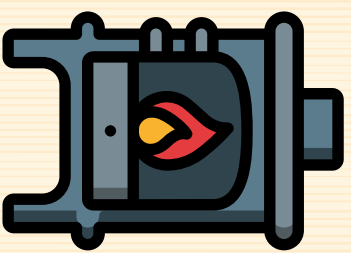


Meet the newest members of the SCFD#4 Family:



FALL SAFETY TIPS:

Fall is a season full of many changes. These tips can keep you happy and healthy as you enjoy its beauty.

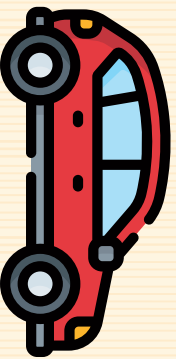


Fall is the perfect time to have your furnace checked for leaks and tuned up for the coming cold weather.

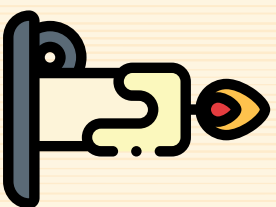
Fall leaves are lovely but can be a slipping hazard. Be sure to clear all walkways of debris before the cold weather arrives.



Rain and ice make for slippery driving conditions. Check for worn tires, obey speed limits and leave plenty of following distance between vehicles.



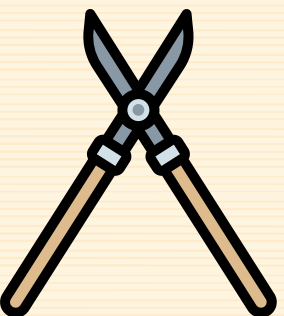
Fall can be a great time to travel, but the weather can be unpredictable. Be sure to listen to weather reports and stock your vehicle with rain and cold weather gear.



Candles create a beautiful atmosphere and are handy when the lights go out, but they are also responsible for **10,000 house fires** a year. **NEVER** leave burning candles unattended.



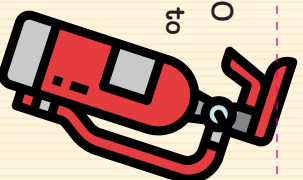
Burning leaves can release dangerous chemicals into the air. Wear a mask if you burn leaves and **NEVER** burn on a windy day.



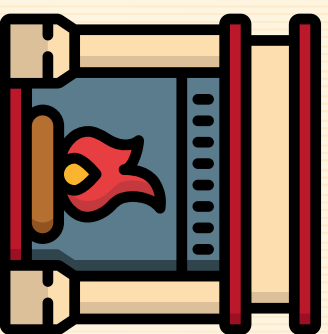
Always **LOOK UP** before beginning pruning to locate power lines and identify potential snags or rotten limbs.



DAYLIGHT SAVINGS TIME is a great time to check smoke alarms and CO detectors and replace worn batteries. Be sure to check your fire extinguishers too!



Keep a pair of sunglasses handy, and **ALWAYS** tell someone where you are headed, especially if traveling by boat or over the passes.



Use fireplace screens to prevent sparks from spreading, and make sure the fire is **COMPLETELY** extinguished before going to bed.

What is a CHALK TALK?

We proudly introduce our weekly information series called “CHALK TALKS”



These 3-5 minute videos, published on our Facebook page, highlight personal, home and community safety and give insight into the services provided by **SCFD4**.

Past titles feature: *Back to School Safety, The Fire Triangle/Playdough's Birthday, National Elephant Appreciation Day, Fire Pup Day, and Metric Appreciation Week.*

Each topic is saved on its own page under **THE KIDS SPOT** tab of our website with related activities and resources. Be sure to take time to view these fun and informative educational videos!

Community Connections

Keeping the public safe is our priority. All new training and equipment support that mandate. Our most recent purchases are **Brush 42** and a **Neonatal Resuscitation Simulator**. **Brush 42** is a donated military vehicle that has been retro-fitted for wildland fire fighting and high water evacuations. It's low center of

gravity and 40" tires make it ideal for wading through flood waters. A joystick controls the front turret nozzle to allow for pumping while moving. The vehicle carries 6,000+ feet of fire hose and 400 gallons of water. It's top speed is 55 mph.



Go to www.sparky.org for more games and videos

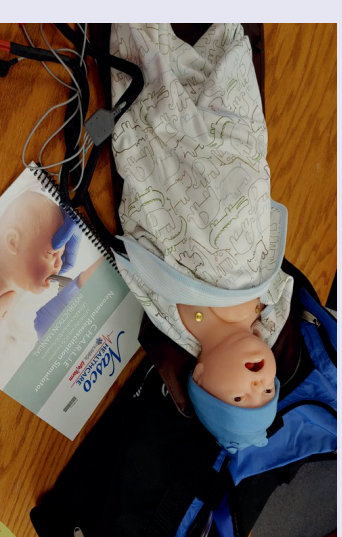
FALL means fewer daylight hours. Be sure children can be seen during twilight hours – consider using bicycle lights and reflective vests.



History Highlight:

H. C. Stickles was the first Snohomish Fire Chief. Elected in August of 1888, Stickles served as chief for three years. He was the purser of the local steamboat Nellie, and was instrumental in getting electricity to the area. There have been 19 chiefs since Stickles.

Pictured here is Assistant Chief Marcellus Cochran from 1905.



Our Neonatal Resuscitation

Simulator (CHARLIE) was purchased through the *Medic One Foundation EMS Equipment Grants* program. This realistic simulator provides practice in birthing scenarios as well as intubation, ventilation, catheters, defibrillation, and IV placement. The unit measures 19.5 inches long and weighs 8.5 pounds. The realistic training available with CHARLIE will allow our medics to provide more accurate and comfortable care to our youngest patients. Thank you MSO Neil Broumley for securing this grant!

How many fall leaves did you count?

